

4 dicembre 2018

**I Medici di Famiglia e i Corsisti in Formazione in Medicina di Famiglia afferenti al Centro Studi e Ricerche in Medicina Generale (CSeRMEG) e al Movimento Giotto, e i Medici di Famiglia Italiani Docenti di Medicina Generale appartenenti a EURACT (European Association of Teachers in GP/Family Medicine)**

**Con il patrocinio di World Organization of Family Doctors (WONCA) e del suo ufficio regionale (WONCA Europe), European General Practice Research Network (EGPRN) e dello European Rural and Isolated Practitioners Association (EURIPA).**

#### **Preso atto che:**

- La Medicina Generale/Medicina di Famiglia è una disciplina accademica e scientifica, con propri contenuti educativi e di ricerca, proprie prove di efficacia, una propria attività clinica e una specialità clinica orientata alle cure primarie. (WONCA, 2011).
- La pratica della Medicina Generale/Medicina di Famiglia al pieno delle sue competenze costitutive è funzionale a garantire la salute individuale e collettiva, l'equità sociale e l'utilizzo appropriato delle risorse pubbliche.
- Una Medicina Generale/Medicina di Famiglia praticata al pieno delle sue competenze costitutive è quindi capace di avere sia un impatto significativo sulla salute della collettività (Macinko et al. 2003, Starfield et al. 2005), sia un impatto significativo sul risparmio di risorse pubbliche (De Maeseneer et al. 2008).
- In molti paesi la Medicina Generale/Medicina di Famiglia è riconosciuta ufficialmente come disciplina accademica.
- La ricerca in Medicina Generale/Medicina di Famiglia, basandosi sui dati epidemiologici locali, è capace di rispondere ai bisogni di salute della collettività in cui opera.

#### **Ritengono che**

- L'azione del Medico di Medicina Generale/Medico di Famiglia e, pertanto, la sua formazione, debbano essere improntati a criteri di eccellenza, nell'interesse della collettività, del sistema sanitario e della salute pubblica.
- L'obiettivo del Corso di Formazione Specifica in Medicina Generale sia quello di formare medici nel pieno possesso delle caratteristiche costitutive della disciplina (WONCA 2011).

#### **Ravvisano**

- La necessità che la Ricerca in Medicina Generale riceva un impulso che ne aumenti produttività e qualità.

- La necessità dell'istituzione di un Settore Scientifico Disciplinare di Medicina Generale e delle Cure Primarie, deputato alla docenza, alla formazione specifica, alla formazione dei docenti e dei tutor, all'educazione continua e alla ricerca, alla produzione scientifica in Medicina Generale e l'afferenza della suddetta disciplina ai dipartimenti esistenti nei singoli Atenei con cui vengano condivisi gli obiettivi didattici, formativi e di ricerca.
- La necessità dell'istituzione di un corso di Specializzazione universitaria in Medicina Generale e delle Cure Primarie, di durata non inferiore a 3 anni, diretto e gestito da Medici di Famiglia, che costituisca l'unico accesso alla professione.
- La necessità dell'istituzione di un regime transitorio che consenta ai Medici di Medicina Generale/di Famiglia meritevoli di acquisire ruoli di docenza universitaria, in deroga temporanea alla normativa vigente di Abilitazione Scientifica Nazionale.
- La necessità di una completa equiparazione scientifica, retributiva e giuridica tra specializzandi in Medicina Generale e specializzandi in altre branche mediche.
- La necessità che le risorse economiche attualmente destinate alla Formazione in Medicina Generale siano incrementate e assegnate con meccanismi di garanzia assicurandone un utilizzo dedicato.

### **Chiedono**

- Ai decisori politici di prendere posizione esplicita verso i contenuti di questo Manifesto e di impegnarsi a collaborare per la preparazione di un piano di azione per la realizzazione degli obiettivi sopramenzionati.
- Ai ministeri competenti di essere considerati quali consulenti scientifici esperti in merito alla formazione Specialistica in Medicina Generale e all'istituzione dei Dipartimenti universitari di Medicina generale

### **Si impegnano congiuntamente a**

- Portare il presente Manifesto alla conoscenza delle competenti autorità politiche nazionali.
- Condividere il presente Manifesto con le altre società scientifiche e le organizzazioni sindacali della Medicina Generale.
- Inoltrare il presente Manifesto agli organi di Stampa.
- Collaborare per la preparazione di un piano di azione volto alla realizzazione di quanto sopramenzionato

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4 December 2018

**The family doctors of Centro Studi e Ricerche in Medicina Generale (CSeRMEG), the family doctors in-training and the newly qualified doctors in General Practice/Family Medicine from Movimento Giotto, and the Italian Family Medicine teachers from EURACT (European Association of Teachers in General Practice/Family Medicine),**

**with the auspices of the World Organization of Family Doctors (WONCA) and its Regional Office for Europe (WONCA Europe), the European General Practice Research Network (EGPRN) Educational Committee and the European Rural and Isolated Practitioners Association Scientific Board (EURIPA),**

**make the following statement.**

**We recall that:**

- General Practice/Family Medicine is an academic and scientific discipline, with its own educational content, research, evidence base and clinical activity, and a clinical specialty orientated to Primary Care. (WONCA, 2011)
- The practice of General Practice/Family Medicine at the best of its core competencies is essential in securing health at both the individual level and at the community level, as well as social equality and the appropriate use of public resources.
- The practice of General Practice/Family Medicine at the best of its core competencies is therefore able to make a significant impact on the health of the community (Macinko et al. 2003, Starfield et al. 2005) and also to spare important economic resources (De Maeseneer et al. 2008).
- In most European Countries General Practice/Family Medicine is an officially recognized academic discipline.
- Research in General Practice/Family Medicine is mostly based on local epidemiological data, and is therefore able to answer the health needs of the community in which it is embedded.

**We believe that:**

- It is in the best interest of the community, of the health system and also of public health that the practice of Family Medicine and consequently the necessary Training both be shaped by excellence.
- The purpose of the Vocational Training in Family Medicine/Primary Care is shaping professionals that fully possess the core competencies of the discipline (WONCA 2011).

**We recognize that:**

- There is a need to significantly increase the quality and the quantity of Family Medicine/Primary Care Research.
- Creating a University Department in Family Medicine and/or Primary Care is a necessity in Italy, in order to allow teaching during medical School, vocational training, continuing medical education and research in Family Medicine inside the University.
- Establishing an Academic Specialty in Family Medicine and Primary Care, with a duration of at least 3 years, taught and directed by Family Doctors, is also a necessity, and it needs to be the only available way to access the profession.
- It is also necessary to provide a transitional phase that allows Family Doctors to acquire the necessary academic titles for teaching positions in universities, since current National Scientific Enabling requirements are in some cases difficult to fulfill due to the intrinsic organization of Italian Primary Care.
- It is necessary to achieve full equality, on the scientific, financial and juridical point of view between Family Medicine trainees and residents in any other medical specialty.
- It is necessary that the financial resources currently devolved to the training of Family Doctors are steadily increased and specifically allocated to the intended purpose.

**We ask:**

- Policy makers to take a clear position about the contents of this statement and to cooperate in shaping an action plan for the achievement of the above-mentioned objectives.
- The relative competent Ministries to consider us as expert scientific consultants concerning Family Medicine Training and the institution of Family Medicine University Departments.

**We jointly commit to:**

- Bring this statement to the attention of the competent political national authorities.
- Share this statement with the other organizations of Family Medicine.
- Forward this statement to the press.
- Cooperate in the preparation of a national plan for the implementation of the above-mentioned objectives.

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